

# Competitive Swimming Lessons



**Instructor: Keyes Pool Lifeguard/WSI Staff**

**Ages 8-18.** Class focuses on mastery of the four competitive strokes, racing starts and turns. This course will not meet the needs of children who need beginning to advanced beginning swim instruction.

**Monday-Thursday (Friday rain make up)**

**Res \$30/NRes \$40**

☐ 9:30-10:00am    ☐ 11:45am-12:15pm

<input type="checkbox"/> <b>Session 1</b>	<b>6/24-7/5*</b>	<input type="checkbox"/> <b>Session 2</b>	<b>7/8-7/19</b>
<input type="checkbox"/> <b>Session 3</b>	<b>7/22-8/2</b>	<input type="checkbox"/> <b>Session 4</b>	<b>8/5-8/16</b>

**Register online at  
[www.milfordrec.com](http://www.milfordrec.com)!**